

Welcome to City on its Feet

By joining City on its Feet you have taken the first step towards what can be a life changing experience for you.

Walking with a group will help to keep you motivated and provide an opportunity to make new friends while keeping physically active.

It's free, it's fun, it's friendly!



How To Join

Check the timetable and find a group that you think will suit you.

Before you attend a group for the first time confirm the meeting place with the group captain.

There is no limit to the number of groups you can walk with – try as many as you want!

If you have any enquiries call Nicki on 578 0016 or check our website www.cityonitsfeet.org



WALKING GROUP TIMETABLE

Proudly Supported by



Last Update February 2012

*Times and dates may change contact City
on its Feet for further updates on
(07) 578 0016*

Day & Area	Description	Time
Monday		
Bayfair Hillier Centre, Gloucester Rd Gwen 07 575 2902	Mixed pace	9.00am (45min—1hr)
SterlinGate/Bethlehem Castlewold Drive Sharon 07 5795644	After work walkers	4.30pm (45min - 1hr)
Greerton Pumice Glade, The Lakes Marie 07 571 0512	After work walkers	5.30pm
Papamoa Outside Papamoa Community Centre Ally 07 574 6206	After work walkers	5.30pm
Tuesday		
Tauranga Bernina Sewing Centre Cnr 11th Ave & Cameron Rd Lois 07 578 4668	Early morning walkers	7.15am
Bayfair Farm St. Entrance to Bayfair mall Margaret 07 572 0705	Medium Pace	9.00am
Mt Maunganui Mt Maunganui Information Centre (Salisbury Ave) Jocelyn 07 575 3927	Mixed Pace	9.00am
Otumoetai / Matua Beach Rd, end of Otumoetai Rd Cheryl 07 576 2689	Large mixed group, mixed pace	9.00am ✓
Greerton ANZ bank corner by Greerton Hall Win 07 578 4803	Mixed Pace	9.00am
Pyes Pa End of Condor Drive, Entrance to Copper Crest Retirement Village Pam 07 543 5001	Mixed Pace	9.00am
Brookfield St. Stephen's Church, Brookfield Terrace Judy 07 576 6443	Mixed pace	9.00am (45min—1hr)
Tauranga 13th Ave side of Foodtown carpark Liz 07 577 6607	Mixed pace	9.00am
Mt Maunganui Main Beach Surf Club Judy 07 574 7227	After work walkers	5.30pm

Day & Area	Description	Time
Wednesday		
Papamoa Main entrance of Palm Beach Plaza Kerry 07 542 4151	50+ group Mixed pace	9.00am
Bayfair Hillier Centre, Gloucester Rd Gwen 07 575 2902	Mixed pace	9.00am (45min—1hr)
Maungatapu / Ohauti Palmer's Garden Centre Mike 07 543 4733	Large group. Fast & medium pace	9.00am
Omanawa Rd, Kaimais Omanawa Rd, Kaimais Christine 07 543 1069	Morning walk (varies)	9.00am
Tauranga Corner of 16th Ave & Cameron Rd by bakery Jan 07 578 1519	Mixed Pace	9.00am
Tauranga Memorial Park, Tauranga Meet at the fountain Val 07 578 4456	Beginners & rehab walking group Shorter & slower walks	10.00am ✓
Area varies Renee 07 576 6699	Age Concern group. Mixed paces	10.00am ✓
Greerton Outside Greerton Hall Marie 07 571 0512	After work group	5.30pm



Day & Area	Description	Time
Thursday		
Pyes Pa Althorp Village, Cheyne Rd John 07 543 3328	Althorp health walkers	9.00am
Bethlehem Decor Garden World, Moffat Rd Cam 07 552 4513	Mixed pace	9.00am
Papamoa Papamoa Community Centre Kay 07 542 2477	Papamoa 'Walkie Talkies' Mixed pace	9.00am
Mt Maunganui Grass Area by Main beach Surf Club Alick 07 573 6363	Medium pace	9.30am
Tauranga Baptist Church Hall 13th Ave Opposite Boys College tennis courts Mary 07 578 5561	Large group. Mixed pace	11.00am
Friday		
Brookfield St. Stephen's Church, Brookfield Terrace Judy 07 576 6443	Mixed pace	9.00am (45min—1hr)
Mt Maunganui Mt Maunganui Information Centre (Salisbury Ave) Jocelyn 07 575 3927	Mixed Pace	9.00am
Bayfair Hillier Centre, Gloucester Rd Gwen 07 575 2902	Mixed pace	9.00am (45min—1hr)
Welcome Bay Welcome Bay Hall Dorothy 07 544 0204	Mixed pace	9.00am
Tauranga South Fraser Cove, BB's Cafe Win 07 543 1339	Mixed pace	9.00am
Sunday		
Omanawa Rd, Kaimais Omanawa Rd, Kaimais Christine 07 543 1069	Morning walk (varies)	9.00am

Key: ✓
Easy Walk